



Franciscan Daughters of Mary

P.O. Box 122070, Covington, KY 41012-2070

Visit our new website!

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www.f dofmary.org

Autumn 2010

You Are a New Creation in Christ

On September 8th, the Birthday of the Blessed Virgin Mary, Sr. Catherine Mary of the Virgin Birth was invested in the Holy Habit of the Franciscan Daughters of Mary and given a new religious name and title as she began her Novitiate.

“I asked Our Lady to come with me as I came forward to the altar in our convent chapel to make a deeper commitment of ‘love promises’ to Jesus and our community.” says Sr. Catherine Mary. “The symbolism of having the habit blessed was like being wrapped in Our Lord’s love, reminding me of the Scripture, ‘Hide me in the shadow of Your wing.,’ (Ps 17:8)



Sr. Catherine Mary, standing with Our Lady, shows us the certificate of her new name in Christ

“To me, the honor of receiving a new name is like

receiving a new life. Our Lady of Guadalupe and the Holy Spirit impressed upon Mother’s heart that I should be named after St. Catherine of Bologna, who was a Franciscan Novice Master and a Mystic and was known for her steadfast poverty and humility. Then, to be given the title of the Virgin Birth, was a great privilege. I often think of the Birth of Our Lord and meditate on His Precious Face when He was born, as well as the joy



Sr. Catherine Mary and the sisters standing before a picture of our Community Superior

Our Blessed Mother must have experienced.

“I am so grateful to Mother Seraphina and the sisters for all of their guidance and support, because we don’t come to community to do anything on our own, but we come to be a family. With the grace of God and the love and support from Mother, I have the opportunity to become the spouse of Our Lord Jesus Christ. How privileged I am to be a part of this awesome community!”



We were blessed to have Fr. Ryan Maher bless our new Novice and her habit during the Investiture



Sr. Catherine strikes a holy pose at the Shrine entrance

A Blessed Place of Repose

After consecrating herself to Our Lady of Guadalupe, Sr. Catherine Mary and Mother Seraphina felt it would be the perfect opportunity to make her Novitiate retreat at the new National Shrine to Our Lady of Guadalupe in La Crosse WI, consecrated just two years ago. This was the first opportunity our community had to visit this place of peaceful repose.

The Shrine is built on the side of a mountain, surrounded by farmland. It is a hike (felt like 3 miles according to Mother Seraphina) up this mountain to reach the Shrine church. It is a very prayerful walk, and there are places to stop along the way for one to meditate—one for St. Joseph the Workman and one for St. Kateri Tekakwitha. One may also make a visit to the beautiful votive chapel to light a candle.



The image of Our Lady in the sanctuary of the Shrine church



Memorial Garden to the Unborn

On the left is the is the breath-taking Memorial Garden to the Unborn, where it is possible to repose unborn children or have them memorialized. Toward the back, under the arches, there are some unborn children reposed. In the foreground with her back to us is a larger-than-life bronze statue of Our Lady of Guadalupe. She is seated, cradling three unborn children in her arms (close-up picture on right) with the most motherly expression of love on her face. Each child is a different race, to signify the universality of our Church’s call to love our neighbor.



Our Lady of Guadalupe from the Memorial to the Unborn

Health Ministry News

by Sheila Carroll

Deedee* came to our Health Ministry when we first began on 18th Street. Her blood pressure was high - very high. After spending time assessing her situation, we stressed her need for primary care and made a referral for a doctor visit. We also discussed the causes of hypertension and how to reduce her risk of cardiovascular events by changing her diet and smoking habit. Exercise was not an issue for her as she usually walks wherever she needs to go.

Initially, she chose to make some dietary changes and continued walking. Deedee also returned at least twice monthly for blood pressure checks. She lowered her pressure somewhat, but still not within an acceptable range. When we obtained a glucose



Getting a double consult

an acceptable level.

The last time she had an appointment with her primary care provider, she had shown so much improvement that her next appointment won’t be for 6 months. Deedee’s experience is yet another example of the positive impact that can be made in someone’s life by giving them the loving care of Jesus Christ.



Our diabetes educator uses the “Conversational Map”

monitor, we found that her blood sugar was also slightly elevated intermittently.

After several months, she had not yet made the doctor visit we recommended, so we made arrangements with doctor’s office and gave her assistance with the co-pay. Finally, she was able to make her appointment. She was very grateful to come back from her first appointment with samples of blood pressure medication, which helped her considerably. She was also placed on medication for diabetes and elevated cholesterol. It did not take very long for her blood pressure and diabetic readings to be at



Listening to her heart



Monday, September 20th, a certified diabetic educator presented to six of our friends a 3 hour class to help them understand and control diabetes. She covered the table with a “Conversational Map” which laid the plans for progressing from uncontrolled to controlled glucose.

In presenting the information, she gave them questions which they were to answer “True” or “False.” Based on their responses, our medical professional helped them to understand their diabetes more comprehensively. Our neighbors who took the class indicated they wanted to return for the next class too, which will be Monday, October 18th. To help our neighbors who lack the funds to purchase diabetic equipment themselves, we provide glucose meters and monitoring strips to those who visit us every Tuesday.



Learning about smoking cessation

*Name has been changed

Our Mission to Serve the Poor



Sister encourages young woman to make good choices

“Give and gifts will be given to you.; a good measure, pressed together, shaken down and overflowing will be poured into your lap. For the measure with which you measure will in return be measured out to you.” Luke 6:38

God is never outdone in generosity! Many of our friends share with us stories about God’s abundant blessings. One example: From time to time a friend gives us an envelope with several one hundred dollar bills in it, once, he gave us two envelopes in one week! Our response was that we couldn’t accept his gift because it was too much. He replied, “Sister, I am in a contest with God—so far, he’s ahead!” Who could argue with that?!

What trust this friend has in God! It taught us not to parcel out our generosity, that if we are generous with others, God will be generous with us in abundance.

At the Mission, we have Policies & Procedures reflective of this absolute trust in God:

Mt. 5:42, “Give to the one who asks of you.”

Mt. 10:8 “Without cost you have received; without cost you are to give.”

&

Mt 25:34-41 “Come, you who are blessed by My Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave Me food, I was thirsty and you gave Me drink, a stranger and you welcomed Me, naked and you clothed Me, ill and you cared for Me, in prison and you visited Me. Whatever you did for one of these least brothers of Mine you did for Me.”



Expecting Mom with her other children & the volunteers who put her Basket together

As many of you know, the Franciscan Daughters of Mary live out our poverty by giving everything to the poor. In our Rule, it states, “Everything we have belongs to the poor, we just use what we need. But if someone is in a greater need, we will give it to them, and the sisters do without until God provides again.”

Because we, as poor Franciscans, do not own anything. A Board of Friends has generously given of their time, talents and treasures to help us have more permanence in our new home by seeking to make a purchase of the land and buildings which house the Rose Garden Home Mission.

Our landlord would like to have us make a purchase before the end of the year. At present, we have almost \$200,000 in donations and pledges.

At right, we have outlined our needs. Please prayerfully consider helping us with this endeavor. Then, if you are able, simply fill out the form and return it to us. May God bless you for your consideration and for all that you do in His Name.

“Give to the poor and you will have treasure in Heaven.”

Mt. 19:21



Mother Seraphina holds newborn as mom receives her Welcome Basket

The Goal of the Friends of the Rose Garden Mission is to raise \$1,000,000 for the Building Fund.

Needed Donations

- | | |
|--|--|
| Land and Buildings \$525,000 | Plumbing \$15,000 |
| Electrical \$10,000 | ~2 handizapped accessible toilets, doors and handrails |
| ~lighting | ~5 sinks erected with eye-wash stations |
| ~security system with exterior cameras | ~bathroom repair |
| Fire Damage Repair \$150,000 | Flooring \$15,000 |
| 2 Basements Repair \$20,000 | HVAC \$200,000 |
| Elevators \$30,000 | Roofing \$40,000 |

Levels of Giving

(Check One)

- Angelic Choir \$50,000 or more
- Our Lady's Disciples \$25,000 gift
- Our Lady's Confidants \$10,000 gift
- Our Lady's Devotees \$5,000 gift
- Other _____

Giving Options

(Circle One)

- Cash
- Check (payable to: Friends of the Rose Garden)
- Pay Pal online (www.rosegardenmission.org)
- Stock or CD Transfer (dmfroelicher@yahoo.com)
- Bequest (dmfroelicher@yahoo.com)
- Electronic Fund Transfer for monthly giving (voided check included)

Prayer Intentions:

Name _____

Address _____

Email _____

You are invited :
Rose Garden
Nights of Prayer & Praise

7pm Wednesdays at the Mission

Come praise the Lord
 with the Sisters!

Refreshments & Fellowship following prayer



This group of young people from our neighborhood were waiting for us in our front yard after our Thursday appointment with Jesus at St. Benedict's Church.

While enjoying popsicles and water, one young girl said, "When you enter these gates,

you enter the realm of peace!"

How pleased we were to learn that our young friends see our place as a refuge in the midst of the city.

A Franciscan Experience

January 11-16, 2011

Open to young adult women age 18 and older, who are interested in experiencing Franciscan way of life with the Franciscan Daughters of Mary.

Share with the Sisters in their prayer life, daily responsibilities and pro-life Mission.

For more information call Mother Seraphina: 859-491-3899

Limited space available

You and Your Family are Invited to Join the Franciscan Daughters of Mary for

Prayer & Reflection

- * Adoration of the Blessed Sacrament
- * Vespers & Compline
- * Holy Hour for Priests
- * Reflection & Devotions

2nd & 4th Fridays of Every Month
 7pm—9pm

Convent Chapel
 336 East 16th St., Covington RSVP: 859-512-0333

God's Precious Ones



We are so grateful to God for the way you love Him through loving us with your prayers, assistance and support you give to us.

You and your intentions are remembered each day at the sisters' Morning and Evening Prayers

May our Lord Jesus Christ shower you with an abundance of graces and blessings.

Mother Seraphina